

Through the Dignity Votes 2022 initiative, Dignity Alliance Massachusetts has invited candidates for legislative office to respond to a set of questions drafted specifically for the office. Dignity Alliance Massachusetts is a state-wide coalition of aging and disability service and advocacy organizations and supporters dedicated to the systemic transformation of long-term services, support, and care to ensure the dignity of older adults, people with disabilities, and caregivers.

Candidate Response – Howard Terban (R) Candidate for State Representative (Eighth Norfolk)

Question 1. Most Massachusetts residents know someone who has needed long-term services or care due to issues related to aging or disabilities or experienced it themselves.

Has anyone close to you needed nursing home care, congregate living arrangements, or home and community-based services, such as personal care assistants (PCAs)? What implications for public policy and regulatory enforcement do you draw from this experience?

Response to Q1: My mother was in a nursing facility in Florida a few years back. The care was horrible and she was not very comfortable there. They made no attempt to give her dignity and there were egregious errors made with no accountability. Her health and safety were always in question.

Question 2. One of the most important bills considered by the 192nd General Court, but not enacted, is House No. 4780 An Act relative to Nursing Home Quality and Accountability.

Given the pervasively occurring provision of substandard care and staffing shortages, not to mention the tragic impact of Covid-19 on nursing home residents and staff, would you support transformational reform of nursing homes along the lines of H. 4780 when a version is filed for consideration in the next legislative session? If yes, will you consider being a co-sponsor in the next legislative session?

Response to Q2: Yes, absolutely! Changes in care for our seniors must be made. Changes in staffing must also have higher standards.

Question 3. During the 2021-2022 session, the Legislature authorized the issuance of a bond in the amount of \$200 million to undertake the construction of "small house" homes for veterans in local communities throughout the Commonwealth (see https://www.cfm.va.gov/til/Prototype/CLCPrototype.pdf for a detailed description).

Will you encourage the Administration to implement this project within the next year and support additional funding to help the program operate and expand?

Response to Question 3: Yes! We must continue to support and care for our veterans. We have plenty of resources for illegals but should be taking care of our veterans first.

Question 4. Most Massachusetts residents would prefer to "age in place" – in their homes or in their community.

Will you support increased funding for housing vouchers, home modification for greater accessibility, increased support for home care and technology, and similar initiatives to help older adults and people with disabilities remain independent and safe in their own homes rather than face placements in nursing homes?

Response to Question 4: Yes! Our senior citizen's wishes should be made possible. Many persons would prefer to remain in their own home.

Question 5. Massachusetts requires nursing home staff to be up to date on all Covid-19 vaccines and boosters, yet not all nursing homes have achieved full compliance.

Will you support efforts to achieve full compliance by staff and encourage residents to receive all recommended vaccinations and boosters?

Response to Question 5: Yes! We must follow the finding of research and developmental practices of the CDC. Honest research and informing the public will get the truth out to those who need it.

Question 6. The ownership of nursing homes is increasingly under the control of out-of-state, investor groups. The organizational structure has been segmented into many components, often under common ownership, e.g., a real estate entity, management company, therapy services, and more. This makes it difficult to determine who is controlling major staffing, operational, and business decisions and who has responsibility and accountability. Consequently, it is critical to analyze how MassHealth funds are being used. Periodic, independent, comprehensive, and transparent public audits are necessary to assess how nursing homes operate and public funding is spent.

Will you advocate that the state auditor undertakes this type of audit as a priority?

Response to Question 6. Yes! We must have accountability in all our nursing facilities. We must know what entities are controlling these businesses.

Question 7. Hundreds of millions of dollars of state and federal funds have been provided to Massachusetts nursing homes during the pandemic. There has been little to no analysis and accountability of the use of these funds. It is important to know if these expenditures were effective in order to direct future allocation decisions. It is equally essential to provide public assurance that the funding is used as intended.

Will you call for a comprehensive public audit of the use of pandemic-related spending as an early priority?

Response to Question 7. Yes, absolutely. We must know where these allocated funds are going and how they are being used.

Question 8. Nursing home residents often have their human rights limited and are not treated with respect and dignity. In fact, residential clients of the Department of Mental Health and the Department of Disability Services have more rights than residents in conventional nursing homes.

Will you support efforts, such as allowing nursing home residents to file suit under the consumer protection laws, to restore human rights to such residents?

Response to Question 8. Yes! Human dignity for our precious seniors is very important. Everyone should be treated with respect and dignity. People need an outlet to let their voices be heard especially to air any complaints against the facility.

Question 9. The safety, well-being, and rights of persons with disabilities and older adults living in public as well as subsidized housing have had little or no protection. Issues include but are not limited to failure to

protect victims from bullying and mobbing; failure to grant reasonable accommodations to disabled persons; and evictions leading to homelessness and emotional and physical trauma. Accountability is lacking.

Will you support legislation to strengthen laws and their enforcement to assure the safety and rights of people in these situations?

Response to Question 9. Yes! Human rights are very important and should not be ignored.

Question 10. About one of four nursing home residents in Massachusetts is administered anti-psychotic medications, one of the highest nursing home anti-psychotic usage rates in the country. Massachusetts requires informed written consent of a patient or a patient's representative's representative prior to the administration of anti-psychotics and other psychotropics to nursing home residents. Additionally, about 10% of Massachusetts nursing home residents have a diagnosis of schizophrenia, many of recent determination. This is a rate ten times greater than that of the general population.

What can be done to reduce the usage of anti-psychotic medications as well as ensure meaningful compliance with existing requirements?

Response to Question 10. Disruptive and dangerous behavior often are presented by nursing home patients due to dementia. Anti-psychotic drugs are required when the health and safety of the patient and staff are at risk.

Question 11. Is there anything you would like to add?

Response to Question 11. I will be an advocate for Massachusetts residents and their advocates. I know there is a better solution and we can find it.

Brief profile of Howard Terban:

Howard Terban was born in Boston, Massachusetts. He earned a bachelor's degree from the University of Massachusetts Amherst in 1975. His career experience includes working as a small business owner of a fitness center.

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Dignity Alliance Massachusetts is a state-wide, grass-roots coalition of aging and disability service and advocacy organizations and supporters dedicated to systemic transformation to ensure the dignity of older adults, people with disabilities, and caregivers. We are committed to advancing new ways of providing long-term services, support, living options, and care while respecting choice and self-determination. Dignity Alliance works through education, legislation, regulatory reform, and legal strategies to realize this vision throughout the Commonwealth.