The Dignity Digest

Issue # 111

October 24, 2022

The Dignity Digest is information compiled by Dignity Alliance Massachusetts concerning long-term services, support, living options, and care issued each Monday.

Mary Margaret Moore Tribute

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Remembering Mary Margaret Moore

By Jerry Halberstadt, Stop Bullying Coalition

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We have all lost a friend, supporter, and partner, a persistent seeker for social justice. Mary Margaret Moore was born on December 27, 1948, and died on October 6, 2022, after a long and successful career working for the rights of people living with a disability. Others will write comprehensive eulogies, citing her many achievements and roles, her loving marriage to Marcia A Brennan, and her beloved family.

October 24, 2022

	I will simply report on what MM, as she called herself, meant for me and the Stop Bullying Coalition because it exemplifies how she exerted such a broad influence for good.
	MM was a visionary who knew how the gears worked in government and the world of social services, and she knew how to make the gears turn. And she
	showed up to advocate in person.
	She taught me that every person is worthy of respect and love and opened
	me to seeing and appreciating the value and capabilities of everyone,
	including people in the disability community. Thus, the work of the Stop Bullying Coalition, which had begun with a focus on the elderly, expanded to an equal focus on the disabled, a focus that rewards us with talent and
	energy.
	MM was the Executive Director of the Independent Living Center of the North Shore and Cape Ann for decades (now the Disability Resource Center), making it an active defender of and advocate for the rights and dignity of
	disabled persons. She fostered leaders like Shawn McDuff, whose volunteers
	educated store owners and others to provide universal access to their
	facilities, stressing that the improvements would benefit all comers, not only
	the disabled. In April 2013, the immediate, emotional response by Shawn McDuff and his group was positive feedback from people who had
	experienced bullying. Bonny Zeh and I decided to seek legislation to provide protection against
	bullying. Encouraged by Senator Joan B. Lovely, I submitted a bill "by right" for the 2013-2014 legislative session.
	MM boosted our visibility as advocates for legislation to protect the elderly and disabled from bullying and mobbing.
	At the annual legislative breakfast of the Independent Living Center of the North Shore and Cape Ann on May 9, 2014. Mary Margaret Moore and Joan Adrien presented me with the 2014 Gil Adrien Award for Outstanding
	Advocacy in recognition of outstanding and invaluable service to the
	community, effectively for our efforts on the stop bullying legislation. This accolade was public recognition of the Stop Bullying Coalition and our goals
	and encouraged our advocacy. In addition, this event introduced our movement to several of the elected
	legislators who were at the event. These connections proved instrumental in building partnerships, culminating in Senator Lovely presenting our
	legislation that created the milestone commission on bullying.
	MM continued to provide advice and practical support until the end of her life when she urged me to continue our advocacy and promised to be with
	us always.
	Let us not fail her faith in our mission; her spirit and love surely to live on in each of us. When faced with a challenge, let us recall the motto for her
	consulting service: "Fabulous Flamingo, What Would Mary Margaret Moore Do?"
	In Jewish tradition, we say, "May her memory be a blessing."
Quetes of the March	*May require registration before accessing article.
Quotes of the Week	We know that a huge increase in the need for long-term
	care that is barreling our way will arrive in about 10 years.
	We can plan ahead and be prepared or wait for it to arrive

and then deal with the crisis. Baby Boomers who will need
the care should be urging state government to plan ahead.
All of us who care about caregivers in Massachusetts should
act now to improve their working conditions.
Care Work in Massachusetts: A Call for Racial and Economic Justice for a Neglected Sector, The Boston Foundation, September 2022,
https://tinyurl.com/CareworkReportSummary
Nearly five million American seniors across the U.S. <u>are</u>
living below or at the poverty line.
The Price of Poverty: Seniors are feeling the squeeze, 1A – NPR (Recorded report), October 19, 2022, <u>https://tinyurl.com/1APriceOfPoverty</u>
"Physical health and moral virtue are not synonymous in
Western culture, but they are closely related."
Leonard Kriegel, in his essay included in "Falling into Life", <i>Leonard Kriegel,</i> 89, Dies; Wrote Unflinchingly About His Disability, *New York Times,
October 11, 2022, <u>https://tinyurl.com/WroteUnflinchingly</u>
Residents must be informed of all their options and be
offered acceptable opportunities for appropriate
relocation Experience with previous closures
demonstrates that nursing home residents are able to live
safely in homes in the community when resources are made
available.
Paul Lanzikos, Coordinator, Dignity Alliance Massachusetts, Community
options eyed as senior care homes close, consolidate *Boston Globe, October 18, 2022, <u>https://tinyurl.com/CommunityOptionsEyed</u>
How we treat the vulnerable members of our society —
homeless children, immigrants, people suffering from
mental illness, people with disabilities, the elderly — is a
reflection of our morality as a society.
Dr. Philip A. Lederer, Physicians for a National Health Program, <i>Downsizing is</i> appropriate, but rights of facilities' residents should be respected, *Boston
Globe, October 18, 2022, <u>https://tinyurl.com/CommunityOptionsEyed</u>
Each year more than 1 million Americans injure themselves
on stairs — that's an average of about 3,000 injuries per
day, or one every 30 seconds — and the risk increases
ady, of one every so seconds and the risk increases

	dramatically with age as you get older changes in your coordination, strength and vision can make navigating a stairway more challenging. 8 Ways to Make the Stairs Safer at Home, AARP, October 8, 2022, https://tinyurl.com/8WaysStairsSafer
	"We're getting more and more older people who lived through this experiment with do-it-yourself pensions, and
	they're coming into this age group without the same kind
	of incomes that older people have. I don't think it's a blip." Teresa Ghilarducci, economics professor at the New School who specializes in retirement policy, An Uptick in Elder Poverty: A Blip, or a Sign of Things to Come?, New York Times (free access), October 18, 2022, <u>https://tinyurl.com/UptickElderPoverty</u>
	The CDC found that 24.3% of COVID deaths among adults
	65 and older occurred in a nursing home or long-term care
	center, compared with 66.2% in a health care setting such
	as a hospital and 4.7% at home. More older men than women died of COVID in 2020, Washington Times,
	October 8, 2022, <u>https://tinyurl.com/MoreOlderMenDied</u>
	<i>"Homelessness is bad for your health."</i> Thomas Byrne, social welfare policy professor at Boston University, <i>Late baby boomers have long been vulnerable to homelessness. Now as they age, housing providers are struggling to keep up with their needs.,</i> *Boston Globe, October 22, 2022, <u>https://tinyurl.com/LateBabyBoomersVulnerable</u>
Dignity Votes 2022	REMINDER: GENERAL ELECTION DAY IS TUESDAY, NOVEMBER 8th
	 #TheArcVotes Virtual Disability Forum with Gubernatorial Candidate Maura Healey Thursday, October 27, 2022, 12:00 p.m. The Arc of Massachusetts, Advocates for Autism of Massachusetts, Boston Center for Independent Living (BCIL), Disability Law Center (DLC), Massachusetts Advocates Standing Strong (MASS), and the Massachusetts Developmental Disabilities Council (MDDC) are pleased to organize Virtual Disability Forums with Candidates running for Governor of the Commonwealth of Massachusetts. The second forum, with Candidate Maura Healey (D), will be on October 27 at 12:00PM. <u>Registration is now open here.</u> The Consumer Voice Voting Rights for Residents of Long-Term Care Facilities Individuals receiving long-term services and supports retain their voting rights, no matter where they live or what type of care they receive.

Fortunately ther	e are many resources available for residents of long-term
	help them register to vote, obtain mail-in ballots, and learn
what to expect of	
	r nursing home residents to ask to make sure you're ready
to vote.	
	ou need to know about voting rules in your state including
	ections, registration, and mail-in ballots.
	t's on your ballot and learn about candidates.
	m/ConsumerVoiceVoterRights
and State Auditor	, Lieutenant Governor, Attorney General, Secretary State,
	province from condidates for these offices have been posted
	nnaires from candidates for these offices have been posted
	ncema.org/state-candidates/.
-	rnatorial candidate Geoff Diehl
	on Wednesday, September 28, was organized by Advocates
	ssachusetts, Boston Center for Independent Living, the
	nter, Mass Advocates Standing Strong, Massachusetts
	isabilities Council, and the ark of Massachusetts. The
	ed on https://dignityalliancema.org/state-candidates/
Congressional office can	
	ongressional candidates have been distributed. Responses
	https://dignityalliancema.org/congressional-candidates/ as
they are received.	
State legislative candidat	
	gislative office candidates have been distributed. Responses
	https://dignityalliancema.org/state-candidates/ as they are
received.	
Fact Sheets and Issue Bri	
	nce Massachusetts Workgroups
Nursing Homes	
<u>Nursing Home Fa</u>	
<u>Nursing Home Sta</u>	affing Issues
Pandemic Issues	in Nursing Homes
<u>Nursing Homes –</u>	Financial Responsibility
<u>Nursing Homes –</u>	Oversight, Licensures, Closures
<u>Nursing</u> Homes –	Small Home Model
Home and Communi	
HCBS Fact Sheet	
HCBS Staffing Issu	Jes
HCBS Care Coord	
Behavioral Health	
Behavioral Health	a Fact Sheet
	Health Outreach Teams (EMHOT) Issues
	es and Psychotropic/Antipsychotic Drugs Issues
Social Work Staff	
Housing	1115 133UC3
Housing Issues Veterans	
Veterans	
Veterans Issues	

	https://dignityalliancema.org/2022-facts-and-issues/
	State Election Information
	The following websites contain useful, timely information about this year's
	elections. (Source: AARP Bulletin July / August 2022)
	AARP Voter Guides
	Information about the voting process from registration to Election Day
	voting locations and hours.
	www.aarp.org/electionguides
	Ballotpedia
	Information about statewide races and ballot measures.
	www.ballotpedia.org
	OpenSecrets
	Tracks flow of money within the electoral process.
	www.opensecrets.org
	Vote411
	• Vole411 Election year information provided by the League of Women Voters.
	www.vote411.org
	Vote Smart
	On demand detailed information about individual candidates
	www.votesmart.org
October: Resident Rights	1. October is Resident Rights Month
Month	October 1st marked the beginning of a month-long celebration of residents'
	rights. Spend time this month honoring residents living in all long-term care
	facilities, including nursing homes, sub-acute units, assisted living, board and
	care, and retirement communities. Plus, take time to focus on individuals
	receiving care in their homes or communities.
	Being a part of a community is essential to our well-being. Throughout the
	pandemic, residents of long-term care facilities were disconnected from the
	resident and staff communities within their facilities when activities and group
	dining were limited. Residents were disconnected from the broader local
	community when visitation was restricted, and many residents were unable to
	leave their facilities to participate in outside activities.
	This year's Residents' Rights Month theme - Inspiring Unity within Our
	<u>Community</u> - emphasizes the importance of fostering meaningful community
	within the facility and encouraging residents' connection to their local
	community.
	<u>Learn More \rightarrow</u>
Reports	2. The Boston Foundation
	September 2022
	Care Work in Massachusetts: A Call for Racial and Economic Justice for a
	Neglected Sector
	The Boston Foundation, along with SkillWorks, a partnership between the
	Foundation and the City of Boston to improve workforce development
	statewide, has issued a report describing the challenge of caregiving in
	Massachusetts for both those giving and receiving care. "Care Work in
	Massachusetts: A Call for Racial and Economic Justice for a Neglected Sector"
	highlights the gendered and racial makeup of the caregiving workforce, as well
	as its low pay and poor benefits. Both the difficult working conditions and our
	dependence on care workers were made more apparent by the pandemic.
	dependence on care workers were made more apparent by the pandemic.

		(While the report covers childcare as well elder care, this summary will focus on
		its findings about home care and long-term care facility workers.)
		Recommendations of the report include:
		 Continue strengthening the state minimum wage.
		 Develop a licensing process for home care agencies.
		• Expand the Earned Income Tax Credit (EITC) to include unpaid caregivers.
		 Pass labor reforms that make it easier for workers to exercise collective
		power.
		Improve public transit and expand affordable housing opportunities.
		Summary: https://tinyurl.com/CareworkReportSummary
		Report: https://tinyurl.com/CareworkInMassachusetts
Biden / Federal Policies	3.	Health Affairs
biden / rederar rolicies	5.	October 20, 2022
		Payment Policy And the Challenges of Medicare and Medicaid Integration for
		Dual-Eligible Beneficiaries
		Medicare and Medicaid have different payment strategies that often work at
		cross-purposes. This tension represents an ongoing obstacle to controlling costs
		and improving care and services for beneficiaries enrolled in both programs. KEY POINTS:
		• On a per service basis, providers are often paid less to treat dual-eligible
		beneficiaries than they would be paid to treat Medicare-only beneficiaries
		because of "lesser-of" payment policies.
		Current capitated payment approaches benefit Medicare Advantage plans
		serving dual-eligible beneficiaries, even though there are limited data about
		the quality and effectiveness of managed care for dual-eligible beneficiaries.
		 To avoid penalizing safety-net providers, the Centers for Medicare and
		Medicaid Services has introduced risk adjustment in comparisons of quality,
		relying almost exclusively on dual-eligibility status as a proxy for patients at
		high risk for poor outcomes because of social risk factors.
		• As strategies for integrating Medicare and Medicaid evolve, so should
		strategies for how Medicare and Medicaid pay for services for dual-eligible beneficiaries.
		The new Realizing Equity, Access, and Community Health (REACH) model
		proposed for accountable care organizations includes <u>some promising</u>
		components for developing other measures to use in addition to dual-eligible
		status. Organizations participating in the model will be required to collect
		information on social risk factors among their patient populations. A new risk-
		adjustment approach will increase payments for providers who treat more at-
		risk populations on the basis of a metric that combines area-level deprivation
		index scores and the percentage of accountable care organization patients who
		are dually eligible.
		https://tinyurl.com/PaymentPolicyChallenges
Spotlight	4.	Citizens' Housing & Planning Association (CHAPA)
		Shaya French and R Feynman: Recipients of Policy Leadership Award
		Two Dignity Alliance Massachusetts participants were honored this month by the
		Citizens' Housing & Planning Association with the Policy Leadership Award.
		Shaya French is a Senior Community Organizer with the Boston Center for
		Independent Living (BCIL) for the past five years. Leading efforts at BCIL, they
		have increased the annual allocation for the Alternative Housing Voucher
	1	have moreased the annual anotation for the Alternative housing vodeller

		Program from \$4.6 million to \$14.2 million. They have also prevented cuts to the
		MBTA's paratransit service, helped preserve the Affordable Care Act, and advocated for the maintenance funding to create 25 accessible units a year in Massachusetts. R Feynman has been the Senior Community Organizer with the Disability Policy
		Consortium for the past three years. Their focus is on increasing housing support for low-income people with disabilities, improving accessibility of existing
		housing, and fostering connections between disability groups at the municipal
		level. They have also worked on food insecurity, the intersection of transness and disability, and disability issues within environmental justice. Prior to
		organizing professionally, R was an experimental physicist, but the ableism they encountered pushed them towards advocacy.
Dignity Alliance	5.	*Boston Globe
Massachusetts in the News		October 18, 2022
		Community options eyed as senior care homes close, consolidate
		<i>Downsizing is appropriate, but rights of facilities' residents should be respected</i> By Paul Lanzikos
		I write to clarify Dignity Alliance Massachusetts' position on the closure of
		nursing facilities ("Seniors uprooted as nursing homes fail").
		DignityMA supports the actions taken by the Massachusetts Executive Office of
		Health and Human Services to pursue adherence to stringent operating
		standards, which improve the quality of life for nursing home residents. We
		recognize that these necessary actions may result in the closing of some nursing
		facilities. With the steady decline of the overall population of nursing home
		residents over the past 20 years, and especially since the onset of the COVID-19
		coronavirus pandemic, downsizing of the number of facilities is appropriate and to be expected. However, the closure process must occur responsibly, respecting
		residents' rights and honoring their choices.
		Residents must be informed of all their options and be offered acceptable
		opportunities for appropriate relocation. In fact, the best approach to the
		closures of nursing facilities was described in the Oct. 13 article reporting on the
		Americans with Disabilities Act-related litigation seeking the expansion of
		residential options in the Commonwealth ("Mass. residents with disabilities file suit over living entiones. Say they are uppercessarily in pursing homes." Metro)
		suit over living options: Say they are unnecessarily in nursing homes," Metro). Experience with previous closures demonstrates that nursing home residents are
		able to live safely in homes in the community when resources are made
		available. This benefits residents and their families as well as taxpayers who fund
		MassHealth, the principal source of funding for nursing homes.
		https://tinyurl.com/CommunityOptionsEyed
Webinars and Online	6.	Bipartisan Policy Center
Sessions		Tuesday, October 25, 2022, 1:00 to 1:45 p.m.
		Preserving Affordable Housing: New Ideas, New Approaches
		With the U.S. suffering from an acute shortage of affordable homes, the
		preservation of the existing affordable housing stock is more critical than ever
		before. Even when combined with repairs and rehabilitation, preserving a home
		that is affordable to a low- or moderate-income household is generally less
		expensive and more cost-effective than new construction. It also prevents the
		displacement of households that otherwise would be forced to relocate. This webinar, the eighth in our Getting Serious About Housing Supply series, will
	1	webinal, the eighth in our detting senous About Housing Supply series. Will

r	
	explore new ideas and approaches to the preservation of affordable housing both for rent and sale.
	Panel discussion with:
	Dan Magder
	CEO and Founder, Center Creek Capitol Group, LLC
	Kristin Siglin
	Vice President for Policy and Partnerships, National Community Stabilization
	Trust
	Moderated by Dennis Shea
	Executive Director, J. Ronald Terwilliger Center for Housing Policy, Bipartisan
	Policy Center
	Register Now
	7. Harvard Law School Project on Disability
	Monday, October 31, 2022, 10:00 a.m.
	Disability Rights in Israel: Taking Stock of a Decade of CRPD Implementation
	On September 28, 2012, Israel ratified the United Nations Convention on the
	Rights of Persons with Disabilities (CRPD). Since then, Israel has made
	noteworthy advances in implementing its CRPD obligations, including by
	reforming its guardianship laws to recognize supported decision-making, raising
	its disability allowance to the equivalent of the minimum wage, and enacting
	legislation designed to spur deinstitutionalization of persons with disabilities. At
	the same time, there remain important gaps in Israel's CRPD implementation,
	such as its slow progress towards assisting persons with disabilities residing in institutions to move into the community.
	Now, a decade after Israel's ratification of the CRPD, and in the midst of Israel's
	first periodic review by the United Nations Committee on the Rights of Persons
	with Disabilities, panelists will take stock of the current status of Israel's CRPD
	implementation to identify the advocacy challenges and opportunities that lie
	ahead.
	The conversation is co-sponsored by HPOD and the Harvard Law School's Julis-
	Rabinowitz Program on Jewish and Israeli Law with important stakeholders in
	the ongoing efforts to promote, protect, and fulfill disability human rights in
	Israel, including Israel's Commissioner for Equal Rights of Persons with
	Disabilities and representatives from Beit Issie Shapiro, Bizchut, and AlManarah.
	REGISTER
	8. Massachusetts College of Pharmacy and Health Sciences
	Tuesday, November 15, 2022, 1:00 p.m.
	Planning for the Inevitable: Medication Errors
	This event is intended for pharmacists and pharmacy technicians. Content will
	cover case studies of medication errors and review the root cause analysis (RCA)
	and action plan development processes, demonstrating the benefit of both as a
	preventative measure.
	Learning
	Objectives:
	Discuss the contributing factors most likely to cause a wrong-drug or
	wrong does arror
	wrong-dose error.
	Review best practices aimed at reducing medication errors in your

 Describe root cause analysis and when it should be your pharmacy. Identify risk management strategies in the medicat that can minimize or prevent medication errors. Featured Speaker 	
Identify risk management strategies in the medicat that can minimize or prevent medication errors.	tion use process
that can minimize or prevent medication errors.	lion use process
Donna Horn, MS, RPh, DPh, CHC, Senior Ethics and Compliance	Officerat
Fresenius Medical Care	e onicer at
registration	
Nursing Homes 9. *Boston Globe	
October 18, 2022	с
People were uprooted already when they were placed in these y	
Re <u>"Seniors uprooted as nursing homes fail</u> " (Page A1, Oct. 10):	
seemed to me to be slanted toward the nursing facility industry	
are countless studies, books, and articles that demonstrate bet	
outcomes and quality of life for seniors and individuals living w	
when they receive care in the community as opposed to in the	
setting of a skilled nursing facility. It has long been the goal of C	
Baker's administration to close underperforming and poor-qua	
facilities, and the article rightfully cites its support of "right-sizin Per capita, Massachusetts still has more nursing homes than m	
The residents there were uprooted from their homes when the	
those facilities. The administration has numerous options to tra	
individuals back into the community with all the appropriate re	
true integration and a sustainable placement with the right hor	
community-based services. Secretary Marylou Sudders should	
Aging Services Access Points and Independent Living Centers ne	
side-by-side with nursing facility staff social workers to tenderly	
placements.	
In a nice juxtaposition, your editorial in the same edition advoc	ated for an
additional solution ("Raising wages for an overlooked workford	
caregivers"). We need to compensate these workers for their in	
which saves the Commonwealth tens of millions of dollars each	
providing care for individuals in the least restrictive environment	
home or a community-based arrangement.	
https://tinyurl.com/CommunityOptionsEyed	
10. *Boston Globe	
October 18, 2022	
Profit-oriented nursing home system widens inequities	
How we treat the vulnerable members of our society — homele	ess children,
immigrants, people suffering from mental illness, people with o	lisabilities, the
elderly — is a reflection of our morality as a society.	
Because of our profit-oriented nursing home system, people w	ith money do well
while those without resources find themselves being evicted. V	
ensure that the impoverished elderly have high-quality housing	
A single-payer national health program would be a better solut	
current fragmented health insurance system. Reimbursements	-
homes would be boosted above current MassHealth levels; evi	ctions would be
prevented.	

	It is the responsibility of our political leaders to protect marginalized people. When they abdicate their duty, voters should hold them accountable at the ballot box. <u>https://tinyurl.com/CommunityOptionsEyed</u>
Housing	 11. *Boston Globe October 22, 2022 Late baby boomers have long been vulnerable to homelessness. Now as they age, housing providers are struggling to keep up with their needs. [S]tudies show those born in the latter half of the baby boomer generation, now
	ages 58 to 67, remain more susceptible to homelessness nationwide because they faced decades of economic hardship This year, almost 1,700 adults experiencing homelessness in Boston are age 55 and older, comprising more than a quarter of the entire adult homeless population in the city, according to an e-mail statement from the Mayor's Office of Housing.
	This age group has made up the largest bulk of the US homeless population for three decades, according to a 2019 University of Pennsylvania <u>study</u> , and faced competitive job markets, back-to-back economic recessions, and skyrocketing housing costs during the 1970s and '80s. As a result, they've remained more susceptible to homelessness ever since
	While the city's efforts are useful, officials say there's more to be done by the federal government. Emily Shea, the Age Strong commissioner, said the United States Department of Housing and Urban Development, or HUD, should funnel more dollars into the <u>Section 202 Supportive Housing for the Elderly Program</u> , which funds affordable housing projects for older adults with very low income, supplemented with resources to assist them with tasks like cooking, cleaning, and transportation.
	After a decade without funding, HUD made a \$174.6 million grant to the national program this September, according to a <u>press release</u> on the department's website. This is a good start, but Shea said more is needed as Boston's older adult population continues to grow. For instance, Shea said she wants increased investment in the <u>Older Americans Act</u> , which, like PACE, funds services to keep the nation's older adults healthy and independent, according to the National
	Council on Aging. https://tinyurl.com/LateBabyBoomersVulnerable
Accessibility	 12. Administration on Community Living FEMA Assistance for Accessibility Items for Homeowners and Renters Replacing adaptive or accessibility items damaged during a disaster is an important part of the recovery process. It helps people maintain and/or re- establish their independence and quality of life after experiencing a disaster. FEMA assistance for specific accessibility items does not count toward Housing Assistance or Personal Property maximum awards and is limited to the below items for homeowners and renters. For homeowners: Exterior ramp Grab bars Paved pathway to the home's entrance from a vehicle
	For homeowners and renters:Accessible bedsRaised toilet seats and shower chairs

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	Accessible refrigerators and washers Computers or adaptive technology, such as screen readers or adapted
	 Computers or adaptive technology, such as screen readers or adapted
	 keyboards Motorized or manual wheelchairs, or walkers
	Visual and/or vibrating fire signals
	Assistance for other damaged accessibility items or medical equipment, such as
	CPAP, oxygen supplies, and catheters may be covered by FEMA's Medical and
	Dental Assistance.
	For more information, visit <u>www.fema.gov/expanded-assistance</u> or call FEMA's
	Helpline at 800-621-3362.
Caregiving	13. The Boston Foundation
	September 2022
	Care Work in Massachusetts: A Call for Racial and Economic Justice for a
	Neglected Sector
	The Boston Foundation, along with SkillWorks, a partnership between the
	Foundation and the City of Boston to improve workforce development
	statewide, has issued a report describing the challenge of caregiving in
	Massachusetts for both those giving and receiving care. "Care Work in
	Massachusetts: A Call for Racial and Economic Justice for a Neglected Sector"
	highlights the gendered and racial makeup of the caregiving workforce, as well
	as its low pay and poor benefits. Both the difficult working conditions and our
	dependence on care workers were made more apparent by the pandemic.
	(While the report covers childcare as well elder care, this summary will focus on
	its findings about home care and long-term care facility workers.)
	Recommendations of the report include:
	Continue strengthening the state minimum wage.
	 Develop a licensing process for home care agencies.
	• Expand the Earned Income Tax Credit (EITC) to include unpaid caregivers.
	Pass labor reforms that make it easier for workers to exercise collective
	power.
	 Improve public transit and expand affordable housing opportunities.
	Summary: https://tinyurl.com/CareworkReportSummary
	Report: https://tinyurl.com/CareworkInMassachusetts
Covid	14. Washington Times
	October 8, 2022
	More older men than women died of COVID in 2020
	More older men than women died from COVID-19 in the first year of the
	outbreak, according to a report from the Centers for Disease Control and
	Prevention.
	The CDC found that 309.6 of every 100,000 men aged 65-74 died of COVID in
	2020, compared with a rate of 168.5 for women.
	Death rates were also much higher for men aged 75-84 (757.5 men, 458.5
	women) and for those 85 and older (1,925.3 men, 1,485.5 women), according to
	an age-adjusted <u>analysis</u> of 2020 death certificates for Americans 65 and older in
	a National Center for Health Statistics data brief released Friday.
	https://tinyurl.com/MoreOlderMenDied
Disability Tanica	15. *New York Times
Disability Topics	
	October 11, 2022
	Leonard Kriegel, 89, Dies; Wrote Unflinchingly About His Disability

	He was known for his scholarly and popular writings about historical
	 phenomena. But he was best known for writing about losing the use of his legs. Leonard Kriegel, an American memoirist and essayist whose work blazed with rage at the loss of the use of his legs to polio, died on Sept. 25 in Manhattan. He was 89. An academic and literary critic who taught for many years at the City College of New York, Mr. Kriegel was known for scholarly and popular writings that examined large historical phenomena (the struggles of the labor movement, the social construction of masculinity, the treatment of disabled people) at the level of the individual life — often his own. Mr. Kriegel, whose essays appeared in The New York Times, The Nation and elsewhere, first came to wide attention in 1964 with a full-length memoir, "The Long Walk Home." In it, he wrote unflinchingly of having contracted polio at 11, the painstaking odyssey of relearning to walk with crutches and leg braces and, most notably, his enduring anger. <u>https://tinyurl.com/WroteUnflinchingly</u>
Aging Topics	16. 1A – NPR (Recorded report)
Aging Topics	 IA - Wri (Recorderpoint) October 19, 2022 The Price of Poverty: Seniors are feeling the squeeze Nearly five million American seniors across the U.S. are living below or at the poverty line. And according to the latest Census data, a million new seniors have fallen into poverty over the course of the past year. The Social Security administration recently announced benefits for the 2023 calendar year will increase by 8.7% to adjust for the surging cost of inflation. [Medicare] premiums are set to decrease by a similar amount as well. https://tinyurl.com/1APriceOfPoverty 17. New York Times (free access) October 18, 2022 An Uptick in Elder Poverty: A Blip, or a Sign of Things to Come? Seniors didn't fare as well through the pandemic as most. But longer-term trends aren't moving in their favor, either. In the 1960s, more than a third of older Americans lived in poverty. With the aid of federal programs like Medicare to help the elderly, the situation improved significantly. But last year, the poverty rate for those 65 or older increased, even as it sank for everyone else. The uptick offers new evidence that elderly people haven't fared as well as younger generations in recent years, and some experts worry that it may signal a broader setback in the financial security of those past their prime working years. While 9.5 percent of the elderly population lived in poverty. The convairus pandemic was a central driver, disproportionately disrupting the employment and income of older people For many older Americans, an inflation adjustment to Social Security payments — an 8.7 percent increase for 2023 was announced last week — will help next year. But people hitting retirement today often depend on Social Security as their only source of income, which wasn't the program's original intention. Older workers' wages have grown more slowly compared with other groups over the past few years, and many didn't have

	 enough to them, as companies closed their defined-benefit pension plans over the last couple of decades The poverty rate is also not a bright line when it comes to financial hardship. It doesn't take into account debt, which more <u>seniors have accumulated</u> since the Great Recession. Moreover, nearly one in four people 65 or older make less than 150 percent of the federal poverty line, or \$19,494 on average for those living alone. Another measure, developed by the <u>Gerontology Institute at the University of Massachusetts Boston</u> and called the Elder Index, finds that it takes \$22,476 for a single older person in good health with no mortgage to cover basic needs, with the cost escalating for renters and those with health problems. https://tinyurl.com/UptickElderPoverty 18. AARP October 8, 2022 <i>& Ways to Make the Stairs Safer at Home</i> Here are some ways experts suggest to make your stairs safer. Add traction Light them up Enhance visual cues Make step height and depth consistent Eliminate the bottom-step illusion Upgrade your handrail Clear the clutter Consider a stair lift 	
	https://tinyurl.com/8WaysStairsSafer	
	*May require registration before accessing article.	
Dignity Alliance Massachusetts Legislative Endorsements	Information about the legislative bills which have been endorsed by Dignity Alliance Massachusetts, including the text of the bills, can be viewed at: <u>https://tinyurl.com/DignityLegislativeEndorsements</u> Questions or comments can be directed to Legislative Work Group Chair Richard (Dick) Moore at rmoore8473@charter.net.	
Websites		
Previously recommended websites	The comprehensive list of recommended websites has migrated to the Dignity Alliance MA website: <u>https://dignityalliancema.org/resources/</u> . Only new recommendations will be listed in <i>The Tuesday Digest</i> .	
Previously posted funding opportunities	For open funding opportunities previously posted in <i>The Tuesday Digest</i> please see https://dignityalliancema.org/funding-opportunities/ .	
Nursing Home Closures	 Quincy Health and Rehabilitation Center LLC, Quincy 126 beds; current census: 77 Owner: Waschusett Healthcare Star rating: 2 stars Target closure: December 7 Attleboro Healthcare, Attleboro 120 beds Owner: Next Step Healthcare Star rating: Special Focus Facility Target closure: December 29 Dedham Healthcare, Dedham 145 beds 	

			
	Owner: Next Step Healthcare		
	Star rating: 1 star		
	Target closure: December 29		
	Gloucester Healthcare, Gloucester		
	101 beds		
	Owner: Next Step Healthcare		
	Star rating: 3 stars		
	Target closure: December 30		
	Chetwynde Healthcare, West Newton		
	75 beds		
	Owner: Next Step Healthcare		
	Star rating: 2 stars		
	Target closure: December 30		
	-		
	NOTE: Admission freezes have been initiated in all facilities with closure plans. Closure Notices and Relocation Plans available at:		
	https://tinyurl.com/MANursingHomeClosures		
Develie a recursional have a			
Pending nursing home	Royal Health Cape Cod		
change of ownership in	Royal Health Cotuit		
Massachusetts	Royal Health Falmouth		
	Royal Health Megansett		
	Royal Health Meadow View – North Reading		
	Royal Health Wayland		
	Royal Wood Mill – Lawrence		
	Royal Health Fairhaven		
	Royal Health Braintree		
	Royal Health Norwell		
	https://www.royalhealthgroup.com		
Websites of Dignity Alliance	See: https://dignityalliancema.org/about/organizations/		
Massachusetts Members			
Assisted Living Residences	• Motif by Monarch (previously Landmark at Ocean View), Beverly, July 2022		
Closures	Connemara Senior Living, Brockton, Summer 2022		
	Landmark at Longwood, Mission Hill, Boston, October 5, 2022		
Nursing homes with	Massachusetts Department of Public Health		
admission freezes	Temporary admissions freeze		
	On November 6, the state <u>announced</u> that it would require certain high risk		
	nursing homes and rest homes to temporarily stop all new admissions to protect		
	the health and safety of residents and prevent further COVID-19 transmission.		
	Stopping admissions enables homes to focus resources such as staff and PPE on		
	the health and safety of its current residents and enables the home to stabilize		
	before taking on new residents. Homes that meet certain criteria will be		
	required to stop any new admissions until the Department of Public Health has		
	determined that conditions have improved, and the facility is ready to safely		
	care for new residents. The Commonwealth will work closely with homes during		
	this time and provide supports as needed to ensure resident health and safety.		
	There are a number of reasons why a facility may be required to stop		
	admissions, and the situation in each facility is different. Some of the factors the		
	state uses to make this decision include:		
	Number of new COVID-19 cases within the facility		
	Staffing levels		

	 Failure to report a lack of adequate PPE, supplies, or staff Infection control survey results Surveillance testing non-compliance Facilities are required to notify residents' designated family members and/or representative when the facility is subject to an admissions freeze. In addition, a list of facilities that are currently required to stop new admissions and the reason for this admissions freeze will be updated on Friday afternoons, and as needed when the Department of Public of Health determines a facility can be removed from the list. Updated on October 21, 2022. Red font – newly added 			
	Name of Facility	City/Town	Date of Freeze	Qualifying Factor
	Attleboro Healthcare	Attlleboro	8/31/2022	Closure notice
	CareOne at Lowell	Lowell	10/11/2022	New cases
	Chetwynde	West Newton	9/1/2022	Closure notice
	Dedham Healthcare	Dedham	7/6/2022	Infection Control
	Gloucester Healthcare	Gloucester	9/1/2022	Closure notice
	Lanessa Extended Care	Webster	10/4/2022	Infection control
	Quincy Health and Rehabilitation Center LLC, Quincy	Quincy	8/10/2022	Closure notice
	Queen Anne Nursing Home	Hingham	10/4/2022	New cases
	St. Patrick's Manor	Framingham	10/11/2022	New cases
List of Special Focus	Sixteen Acres Healthcare	Springfield	10/18/2022	New cases
Facilities	 Centers for Medicare and Medicaid Services List of Special Focus Facilities and Candidates https://tinyurl.com/SpecialFocusFacilityProgram Updated June 29, 2022 CMS has published a new list of Special Focus Facilities (SFF). SFFs are nursing homes with serious quality issues based on a calculation of deficiencies cited during inspections and the scope and severity level of those citations. CMS publicly discloses the names of the facilities chosen to participate in this program and candidate nursing homes. To be considered for the SFF program, a facility must have a history (at least 3 years) of serious quality issues. These nursing facilities generally have more deficiencies than the average facility, and more serious problems such as harm or injury to residents. Special Focus Facilities have more frequent surveys and are subject to progressive enforcement until it either graduates from the program or is terminated from Medicare and/or Medicaid. This is important information for consumers – particularly as they consider a nursing home. What can advocates do with this information? Include the list of facilities in your area/state when providing information to consumers who are looking for a nursing home. Include an explanation of the SFF program and the candidate list. Post the list on your program's/organization's website (along with the explanation noted above). Encourage current residents and families to check the list to see if their facility is included. 			

	 Suggest that resident and family councils invite the administrator to a council meeting to talk about what the facility is doing to improve care, ask for ongoing updates, and share any council concerns. For long-term care ombudsmen representatives: Meet with the administrator to discuss what the facility is doing to address problems and share any resources that might be helpful. Massachusetts facilities listed (updated July 27, 2022) Newly added to the listing None Massachusetts facilities not improved
	None Massachusetts fasilities which showed improvement
	 Massachusetts facilities which showed improvement Attleboro Healthcare, Attleboro
	https://tinyurl.com/AttleboroHealthcare
	 Marlborough Hills Rehabilitation and Health Care Center, Marlborough
	https://tinyurl.com/MarlboroughHills
	Massachusetts facilities which have graduated from the program
	 None
	Massachusetts facilities that are candidates for listing
	Parkway Health and Rehabilitation Center
	https://tinyurl.com/ParkwayHealthCenter
	Plymouth Rehabilitation and Health Care Center
	https://plymouthrehab.com/
	Revolution Charwell
	https://tinyurl.com/RevolutionCharwell
	Savoy Nursing and Rehabilitation Center, New Bedford (added in June)
	No website
	South Dennis Healthcare, South Dennis (added in July)
	 <u>https://www.nextstephc.com/southdennis</u> Tremont Health Care Center, Wareham
	Iremont Health Care Center, Wareham <u>https://thetremontrehabcare.com/</u>
	Vantage at South Hadley
	No website
	 Vero Health and Rehabilitation Center of Amesbury
	https://tinyurl.com/VeroAmesbury
	Vero Health and Rehabilitation Center of Revere
	https://tinyurl.com/VeroRevere
	Watertown Rehabilitation and Nursing Center, Watertown (added in June)
	No website
	https://tinyurl.com/SpeciialFocusFacilityProgram
Nursing Home Inspect	ProPublica
	Nursing Home Inspect
	Data updated August 2022
	This app uses data from the U.S. Centers for Medicare and Medicaid Services. Fines are listed for the past three years if a home has made partial or full payment (fines under appeal are not included). Information on deficiencies comes from a home's last three inspection cycles, or roughly three years in total. The number of COVID-19 cases is since May 8, 2020,
	when homes were required to begin reporting this information to the federal government (some homes may have included data on earlier cases).

	Maccachucatta listing				
	Massachusetts listing:				
	https://projects.propublica.org/nursing-homes/state/MA Deficiencies By Severity in Massachusetts				
	(What do the severity ratings mean?)				
	# reported Deficiency Tag				
	<u>249 B</u>				
	<u>79 C</u>				
	7,092D 1,857 E 552F 489G 1H				
	33 <u> </u>				
	7K				
Nursing Home Compare	Centers for Medicare and Medicaid Services (CMS)				
	Nursing Home Compare Website				
	Beginning January 26, 2022, the Centers for Medicare and Medicaid Services				
	(CMS) is posting new information on the that will help consumers have a better				
	understanding of certain staffing information and concerns at facilities.				
	This information will be posted for each facility and includes:				
	• Staff turnover: The percentage of nursing staff as well as the number of				
	administrators who have stopped working at a nursing home over the past				
	12-month period.				
	nurses at a nursing home over a three-month period.				
	Posting of this information was required as part of the Affordable Care Act, which was passed in 2010. In many facilities, staffing is lower on weekends, often meaning residents have to wait longer or may not receive all the care they need. High turnover means that staff are less likely to know the residents,				
	recognize changes in condition, or implement preferred methods of providing				
	care. All of this contributes to the quality-of-care residents receive and their				
	quality of life.				
	https://tinyurl.com/NursingHomeCompareWebsite				
Data on Ownership of	Centers for Medicare and Medicaid Services				
Nursing Homes	Data on Ownership of Nursing Homes				
	CMS has released data giving state licensing officials, state and federal law				
	enforcement, researchers, and the public an enhanced ability to identify common				
	owners of nursing homes across nursing home locations. This information can be				
	linked to other data sources to identify the performance of facilities under common				
	ownership, such as owners affiliated with multiple nursing homes with a record of				
	poor performance. The data is available on nursing home ownership will be posted				
	to <u>data.cms.gov</u> and updated monthly.				
Long-Term Care Facilities	Massachusetts Department of Public Health				
Specific COVID-19 Data	Long-Term Care Facilities Specific COVID-19 Data				
	Coronavirus Disease 2019 (COVID-19) reports related to long-term care facilities in				
	Massachusetts.				
	Table of Contents				
	COVID-19 Daily Dashboard				
	COVID-19 Weekly Public Health Report				

	 Additional COVID-19 Data CMS COVID-19 Nursing Home Data 				
DignityMA Call to Action	 The MA Senate released a report in response to COVID-19. Download the DignityMA Response to Reimagining the Future of MA. Advocate for state bills that advance the Dignity Alliance Massachusetts' Mission and Goals – <u>State Legislative Endorsements</u>. Support relevant bills in Washington – <u>Federal Legislative Endorsements</u>. Join our <u>Work Groups</u>. Learn to use and leverage Social Media at our workshops: <u>Engaging Everyone</u>: <u>Creating Accessible</u>, <u>Powerful Social Media Content</u> 				
Access to Dignity Alliance	Email: info@DignityAllian	ceMA.org			
social media	Facebook: <u>https://www.fa</u>	acebook.com/Dignit	zyAllianceMA/		
	Instagram: <u>https://www.i</u>				
	LinkedIn: https://www.linkedin.com/company/dignity-alliance-massachusetts				
	Twitter: https://twitter.com/dignity_ma?s=21				
	Website: www.DignityAlli	_	- ··		
Participation opportunities	Workgroup	Workgroup lead	Email		
with Dignity Alliance	General Membership	Bill Henning	bhenning@bostoncil.org		
Massachusetts	Behavioral Health	Paul Lanzikos Frank Baskin	paul.lanzikos@gmail.com		
			baskinfrank19@gmail.com		
Most workgroups meet bi-	Communications	Pricilla O'Reilly Samantha	prisoreilly@gmail.com		
weekly via Zoom.		VanSchoick	svanschoick@cil.org		
		Lachlan Forrow	lforrow@bidmc.harvard.edu		
Please contact workgroup	Facilities (Nursing	Arlene Germain	agermain@manhr.org		
lead for more information	homes, rest homes,	Anene Germain	agermaniemann.org		
	assisted living)				
	Home and Community Based Services	Meg Coffin	mcoffin@centerlw.org		
	Housing	Bill Henning	bhenning@bostoncil.org		
	Legislative	Richard Moore	rmoore8743@charter.net		
	Legal Issues	Jeni Kaplan	jkaplan@cpr-ma.org		
	Veteran Services	James Lomastro	jimlomastro@comcast.net		
The Dignity Digest	For a free weekly subscription to <i>The Dignity Digest:</i> https://dignityalliancema.org/contact/sign-up-for-emails/ Editor: Paul Lanzikos Primary contributor: Sandy Novack MailChimp Specialist: Sue Rorke				
Note of thanks	Thanks to the contributor	s to this issue of The	e Dignity Digest		
	Trebor Boeding				
	Wynn Gerhard				
	Jerry Halberstadt				
	Dick Moore	ذ			
	Special thanks to the	pecial thanks to the MetroWest Center for Independent Living for assistance			
	with the website and MailChimp versions of The Dignity Digest. If you have submissions for inclusion in <u>The Dignity Digest</u> or have questions or comments, please submit them to <u>paul.lanzikos@gmail.com</u> .				

Dignity Alliance Massachusetts is a broad-based coalition of organizations and individuals pursuing fundamental changes in the provision of long-term services, support, and care for older adults and persons with disabilities. Our guiding principle is the assurance of dignity for those receiving the services as well as for those providing them. The information presented in "The Dignity Digest" is obtained from publicly available sources and does not necessarily represent positions held by Dignity Alliance Massachusetts.

Previous issues of The Tuesday Digest and *The Dignity Digest are available at:* <u>https://dignityalliancema.org/dignity-digest/</u>

For more information about Dignity Alliance Massachusetts, please visit <u>www.DignityAllianceMA.org</u>.