

Issue # 100 August 1, 2022 *The Dignity Digest* is information compiled by Dignity Alliance Massachusetts concerning long-term services, support, living options, and care issued each Friday.

*May require registration before accessing article. What does "dignity" mean to me? Spotlight: This is the 100th issue of *The* Jerry Halberstadt, Stop Bullying Coalition: Dignity Digest. In recognition of Treating all humans with respect and decency this milestone, we asked our Dignity is the ability to make your own choices and determine the readers three questions about the course of your own life. Achieving dignity requires having the notion of dignity and their necessary supports to make those choices real. involvement with Dignity Alliance Massachusetts which we are Colin Killick, Disability Policy Consortium: sharing in this issue. Dignity is the ability to make your own choices and determine the course of your own life. Achieving dignity requires having the Submissions are still welcome and necessary supports to make those choices real. will be published in future issues of Why the advocacy promoted by Dignity Alliance Massachusetts is The Digest. important to transform long-term care in facilities and in the community. To make a submission: https://tinyurl.com/DignityMeansT Sandy Alissa Novack, MBA, MSW, LICSW, ACSW, CSW-G oMe My name is Sandy Alissa Novack, and I have been a contributor to Dignity Digest since the first issue. I grew up in a family of readers with relatives who regularly kept up-to-date with the news and liked sharing information. My mom used to draw me pictures and also clip interesting scenes from magazines or stories and put them in my Peanuts lunchbox along with my packed lunch as a child, and in college my parents would mail me all kinds of interesting articles they had read they either thought would be useful for me, make me chuckle, or be inspirational. I grew up liking to do the same thing for others; in Dignity Alliance's case, sharing articles of importance on aging and disability, long-term care, and community living, and of course the pandemic. I draw on the practical, inspirational and the items that tug at the heart. One of my "finds" you may have already listened to, but I feel it has more depth the more I listen to it; it is country singer Brett Eldredge's song called Raymond, about a man working in a long-term care facility where an elder with dementia mistakes him for her son, and he gladly takes it upon himself to fill in as lovingly as if he were her son. At the intersection of aging, disability, military service, family and caregiving, the song moves me every time I listen to it (https://tinyurl.com/RaymondByBrettEldridge).

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By the way, everyone is invited to share articles, webinar registration information, and more for the weekly Dignity Digest. If something interests you, you can bet it may interest many of the hundreds of other readers of the Dignity Digest, so send it along to us to consider, as space allows, for publication to <u>paul.lanzikos@gmail.com</u>.

Margaret Morganroth Gullette, Ph.D. The writer is the author of *Ending Ageism, or How Not to Shoot Old People:*

Since March 2020, I have been writing a book titled American Eldercide, about the tragic and unnecessary deaths in the nursing homes. The "Eldercide" came about because of the abandonment of the 1.4 million residents (as of 2019) living in the 15,400 facilities, a failure of the federal government under Trump but also of state governments that had never taken seriously their part of the responsibility to provide safety, health, and dignity to some of the most vulnerable older adults in the nation. All too many died, and they deserve a monument that signals our regret for the losses. Many survived: in 437 facilities, no one died in 2020. The 150,000+ could have been protected. Others of us in the general population will need to join the survivors or will want similar services that can be provided best in their local communities. No one could doubt in the COVID Era that reforms are needed. . The stories of malfeasance and ageist ableism I discovered and reveal in this book might well have led me to despair of reform. And then I watched in horror as a federal government under a new administration proposed a valuable and targeted package of reforms that then was stymied by people in Congress who also, again, did not care enough. And then I discovered Dignity Alliance MA, dedicated advocates from all walks of life, who collectively know more about conditions and causes and needed *improvements than any group in the Commonwealth. They have* been tireless and efficient in the two years of the operation. They have wisely and gently guided the legislators on Beacon Hill--some of them also concerned and knowledgeable--toward ameliorating the causes of suffering and improving life for those, most of them in later life, who find themselves in the "care" of bureaucracies. By the time the 100th issue of Dignity Digest is published, the Legislature may or may not have proved itself worthy of this sacred trust.

Jerry Halberstadt, Stop Bullying Coalition:

The Commonwealth fails to adequately fund the services and to oversee and hold caregivers accountable, and no one else is trying to do what DAM is doing. Terrible things happen to vulnerable people and I applaud the efforts of DAM to advocate for remedies.

Colin Killick, Disability Policy Consortium:

Nursing homes as traditionally constituted deprive people of both dignity and safety based on disability and age. They are the largest remaining vestige of the system of institutionalization that used to segregate people with disabilities away from the rest of society and

deprive them of agency. DAM's work represents major progress in moving away from that archaic model.
moving away from that archaic model. Judi Fonsh MSW I had the pleasure of having members of Dignity Alliance support me (a retired Director of Social Work at the facility)and several others who were very concerned, in trying to prevent the closure of Farren Care Center. Farren, a non profit nursing home where the specialty care was for those who suffered from a persistent mental illness as well as medical illness and ADL needs or neurological issues and were rejected by at least 5 other nursing homes due to their care needs. The mission of caring was truly the focus at Farren. Many Alliance members met weekly and sometimes twice a week as we worked to at least prevent tragedies from occurring during the transfer. The plan that unfortunately came to fruition was that a for profit nursing home company took over the care and in the process many things
changed and sadly the transition led to many residents dying. I was so impressed with the knowledge and skills the members of Dignity brought to the work!!
Jim Wessler, Alzheimer's Association, Massachusetts/New Hampshire Chapter
I wanted to thank you and the Dignity Alliance for your support of the successful budget amendment that provided initial funding for expansion of our Dementia Care Coordination (DCC) program. This will enable us to expand access to this successful program that links family caregivers to immediate support, via their health care providers. You have been an important partner and we do appreciate it.
This is my vision for the future of services, support, and care for older adults and persons with disabilities.
Sandy Alissa Novack, MBA, MSW, LICSW, ACSW, CSW-G This is part of my vision for the future of services, support and care for older adults and people with disabilities:
In many cases, it will begin when a person needs hospital care for an acute situation. Instead of the too-automatic thought that a person needs to be discharged to a short-term rehabilitation unit or even immediately discharged from the hospital to a long-term care facility, discharge planners will first try to discharge patients back to their house, apartment, or other community-based setting. This includes the chronically homeless or acutely homeless; they may not have a home to return to, but hospitals will learn to work with community agencies to get these folks housed when they are discharged, too, so they don't unnecessarily get discharged to long-term care.
Because many may need supportive services to be discharged home, I envision a more robust homecare and home health care network in

Massachusetts, where many more types of care are funded to provide companionship if needed to settle back into one's routine at home post-surgery, post-pneumonia, post-anything, and one's own doctors come to check on you because our new, lifelong, guaranteed health insurance for every citizen in the country sees the value in the home visits, like doctors used to do decades ago, to continue those relationships with providers who know you best. Respite care will be more generous in coverage, so that family caregivers do not risk losing their own careers, income, and health, trying to take care of their loved one morning, noon and night.

Solo agers will be able to have their chosen family of friends get paid for providing them with needed help, and solo agers will not be left to age all alone nor be socially isolated. Indeed, ample houses will be available for chosen families to even live in a single-family home with the solo ager, to provide the loving family environment that allows the best in everyone to shine, and so most people with disabilities will not need to move, all alone, into a facility.

Houses for the future, for anyone, will come with ramps into the house if it is an older building, or new construction regulations will require flat entrances, so no one need move out of a house into a facility due to decrease in mobility or other health issues. Older houses and apartment buildings will be required to add in elevators if they don't already have elevators that allow residents with the larger and heavier assistive devices to get in and out of them with ease. Bathrooms and kitchens will be universally designed as well, throughout the state and at all price points, to account for the fact that we all need support at some points in our lives, whether we break a leg on a ski slope and have a temporary disability, or we have a permanent disability but want to keep cooking our favorite dishes or just enter to smell the food others are cooking in the kitchen.

Those citizens who, due to lung, or other health care issues, would do well to live by the ocean/waterways to be away from pollution, allergens, smoke and the like, will be given first priority for housing near the ocean/waterways, housing that will cost the same for them near the ocean as it would any place else in the state.

No smoking, including tobacco, cigarettes, pipes, vaping, or otherwise will be allowed in housing arrangements of any kind, or within two miles of any housing or facilities, to protect the health of everyone, child, or adult, including the smoker, but especially children, elders, and people with disabilities.

There will be no haggling with insurance that your wheelchair needs repair or replacement. If your doctor orders you need a repair or replacement, insurance must pay for what you need. Same thing for walkers, scooters, and other medical supplies. Similarly, if you need a medicine, you will be able to have the medicine ordered by your

doctor, and the pharmacy gets re-imbursed by a state-level pharmacy bureau--no more studying each and every year which Part D Medicare prescription program you should sign up for.

Because one's hearing, eyesight, and teeth are essential to one's health, my envisioned guaranteed lifelong health care coverage for every citizen will cover these too long neglected aspects of our health.

Long-term care insurance will no longer be only for those who can pay the hefty yearly premiums. Long-term care coverage will be part of your guaranteed pre-pregnancy to grave health coverage, for every human being to be treated equitably and with dignity, at every stage of life, and with no family going into financial debt due to medical debt. Long-term care insurance will be used in the community as well as in long-term care facilities if you cannot remain living in the community.

Starting someday soon, personal care assistants and certified nursing assistants should be paid double the yearly salary they make now, so they will not have to hold down multiple jobs to feed, house, and otherwise support themselves and family. They will get full benefits, such as sick days and vacation time. The money that will fund these essential workers (as they were certainly shown to be essential during the pandemic) is based on the reality that caregivers who make a difference for the lives they care for should get paid for that life-giving, guality of life they make possible, and could come from a similar reality check in the sports, casino, and liquor arenas, where, for example, people who do not contribute essential services as defined in the pandemic and do not contribute to anyone's life other than recreationally, have gotten paid more than essential workers. I think the pandemic has shown us where essential workers are and they are not in baseball games. We should use our experience during the pandemic to re-calibrate the salaries of all kinds of jobs, making sure that those who lead the way in the care of loved ones get paid well and what they are worth, which should be way more than what someone, admittedly an athlete, but still someone who does not perform essential services, earns.

At the end of life, no birth family nor chosen family needs to be shamed that they have no funds to bury a loved one. For the dignity of everyone, there will be no more paupers' graves, unless perhaps due to war or other disasters the identity of bodies is not possible. Otherwise, as part of the pre-pregnancy to grave health care coverage and prioritizing human dignity, everyone is entitled to a basic funeral service, a basic casket fitting your religious or secular beliefs, and a marker or gravestone. As the news kept showing us at the beginning of the pandemic, morgues were overflowing with the deceased, and many countries were digging mass graves. From such moments, our sense of what is dignity only grows, and we must keep

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	 honoring our loved ones and giving them the dignity they deserve, every chance we can at every stage of life, and that includes the end of life. Jerry Halberstadt, Stop Bullying Coalition: We will enable everyone to live in peace, security, and safety and to their full potential. I would like to add: Jerry Halberstadt, Stop Bullying Coalition: I have great respect for all who participate in the work of DAM. While the current mission of DAM is focused on institutional settings
	and moving people into the community and/or keeping them in the community, many of the same issues apply to elderly and disabled persons living in public and subsidized housing, and even to market rate and condominium apartments. There are huge gaps in our legal and administrative systems so that oversight and access to justice are not available. So, either DAM expands our scope, or a new organization needs to be created. Getting relief through legislation is not easy, we have tried for a decade.
Quotes of the Week	"The level of aggression that nursing homes are using
	to collect unpaid debt is severely increasing." Lisa Neeley, a Worcester, MA elder law attorney, Nursing homes are suing friends and family to collect on patients' bills, NPR Shots and Kaiser Health News, July 28, 2022, https://tinyurl.com/NursingHomesSuingFriends
	"I get calls all the time from people who are served with these lawsuits who had no idea that this was even a remote possibility, who call me crying and frantic. They believe not only that they're going to lose their own income and their own houses and assets, but also they're concerned that their loved ones who are still in the nursing home may be potentially kicked out." Anna Anderson, an attorney with the nonprofit Legal Assistance of Western New York, Nursing homes are suing friends and family to
	collect on patients' bills, NPR Shots and Kaiser Health News, July 28, 2022, https://tinyurl.com/NursingHomesSuingFriends
	"I don't know how long we are going to stay, but as
	long as we can. We cannot leave our patients. These

people are special. They cannot live without our support."

Natalya Mayakova, chef at the psychoneurological hospital in Borodyanka, Ukraine, A care center for Ukraine's disabled deals with the trauma of occupation, ***Washington Post,** July 30, 2022, <u>https://tinyurl.com/UkraineDisabledTrauma</u>

"We're just not building enough affordable housing. The last time this country built a lot of smaller homes for the middle class was when the soldiers were coming back from World War II. Now we're building for the ultra-rich, for people who can afford to live in the Seaport."

> Melvin Vieira, president of the Greater Boston Association of Realtors, In a market badly out of kilter, many older residents are stuck in their homes, ***Boston Globe,** July 29, 2022, <u>https://tinyurl.com/MarketBadlyOutOfKilter</u>

My patient's wife had just one question: Was her husband dying?..

Sometimes they ask if this medication will hasten death, and I explain that it can, but that our primary goal is always to relieve discomfort.

We even have a term for this balance, the "principle of double effect" — as doctors, we accept the risk of a negative consequence like hastening death, so long as our intended outcome is to help the patient by alleviating symptoms.

> Dr. Daniela Lamas, pulmonary and critical-care physician at Brigham and Women's Hospital in Boston, *In the I.C.U., Dying Sometimes Feels Like a Choice,* ***New York Times,** July 31, 2022, <u>https://tinyurl.com/DyingFeelsLikeAChoice</u>

"When the mental health movement started, it usually wouldn't get a lot of attention except from white people," (but) "when you see celebrities that

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look like you also have these kinds of problems, it normalizes the actions to seek help."

Chien-Chi Huang, founder and director of the Boston-based nonprofit Asian Women for Health, Demand for mental health care rising in Asian American communities as more speak openly of struggles, ***Boston Globe,** July 29, 2022, https://tinyurl.com/MentalHealthAsianAmerican

"When Asian American spokespeople, celebrities, well-known folks talk about mental health, it's a reminder that the Asian American community is not a monolith model minority. It opens up a conversation about what is mental health and that it's OK to talk about it without stigmatizing it."

> Lisette Le, director of VietAID, a group that serves Dorchester's Vietnamese community, *Demand for mental health care rising in Asian American communities as more speak openly of struggles,* ***Boston Globe,** July 29, 2022, https://tinyurl.com/MentalHealthAsianAmerican

The economic upheaval caused by the pandemic magnified America's housing crisis, leaving millions on the brink of losing their homes. Soaring rents, combined with inflation, have left more Americans especially people of color—newly homeless and millions more at risk of eviction.

Facing Eviction, Frontline PBS (Video), July 26, 2022, https://tinyurl.com/FacingEvictionFrontline

"Housing is foundational. It's a pillar of resiliency in the same way that employment and education are. But if you knock out that one pillar — housing, where you live, your home — you can't access any of the others."

How Moratoriums & Rental Assistance Impacted Evictions in the U.S. During COVID-19, Frontline, July 26, 2022, https://tinyurl.com/RentalAssistanceImpact

	The COVID-19 pandemic has put an increasing number of people at risk for eviction, which is associated with many adverse health outcomes and contributes to health inequities. Eviction and Health: A Vicious Cycle Exacerbated by a Pandemic, Robert Wood Foundation , April 1, 2021, https://tinyurl.com/EvictionAndHealth The (Massachusetts FY 2023) budget sustains support for core health care programs and makes investments to expand services for the most vulnerable, while improving access to health care for all residents. Within the \$19.480 billion gross / \$7.301 billion net MassHealth budget, \$115 million will fund nursing facility staffing rate increases and supplemental payments.
	Governor Charlie Baker Signs Fiscal Year 2023 Budget, July 28, 2023, https://www.mass.gov/news/governor-charlie-baker-signs-fiscal- year-2023-budget
Dignity Votes 2022	 Candidates for State Auditor: questionnaires and interviews Candidates for constitutional office have been invited to participate in individual interviews with a panel of Dignity Alliance Massachusetts members as well as to respond in writing to a set of questions pertinent to the office sought. Candidates for the office of state auditor were the first to be invited. The candidates are:

Questionnaires for these offices are in the process of being prepared and
will be distributed in July. Invitations for an interview with a panel of
Dignity Alliance Massachusetts will be extended.
Congressional office candidates
Questionnaires for congressional candidates are in the process of being
prepared and will be distributed in July.
State legislative candidates
Questionnaires for selective legislative office candidates are in the
process of being prepared and will be distributed in July and August.
Fact Sheets and Issue Briefs
Prepared by Dignity Alliance Massachusetts Workgroups
Nursing Homes
<u>Nursing Home Fact Sheet</u>
Nursing Home Staffing Issues
Pandemic Issues in Nursing Homes
Nursing Homes – Financial Responsibility
 Nursing Homes – Oversight, Licensures, Closures
 Nursing Homes – Small Home Model
Home and Community Based Services
HCBS Fact Sheet
HCBS Staffing Issues
HCBS Care Coordination Issues
Behavioral Health
Behavioral Health Fact Sheet But Elder Mantal Health Outreach Teams (EN4HOT) Jacuas
BH Elder Mental Health Outreach Teams (EMHOT) Issues
BH Nursing Homes and Psychotropic/Antipsychotic Drugs Issues
<u>Social Work Staffing Issues</u>
Housing
Housing Issues
Veterans
<u>Veterans Issues</u>
https://dignityalliancema.org/2022-facts-and-issues/
State Election Information
The following websites contain useful, timely information about this
year's elections. (Source: AARP Bulletin July / August 2022)
AARP Voter Guides
Information about the voting process from registration to Election
Day voting locations and hours.
www.aarp.org/electionguides
Ballotpedia
Information about statewide races and ballot measures.
www.ballotpedia.org
OpenSecrets
Tracks flow of money within the electoral process.
www.opensecrets.org
• Vote411
Election year information provided by the League of Women Voters.
www.vote411.org
Vote Smart

	On demand detailed information about individual candidates <u>www.votesmart.org</u>
Inspiration	 Sunday Today with Willie Geist (video segment) July 31, 2022 How 'Beep Baseball' helps the visually impaired play ball 'Beep Baseball' is an innovative take on America's favorite pastime that allows visually impaired players to make magic on the field. The ball beeps, the bases buzz and an extraordinary group of ballplayers wear blindfolds to ensure everyone competes on an even playing field. NBC's Cal Perry reports in this week's Sunday Spotlight. https://tinyurl.com/BeepBaseballSundayToday
Resident Rights Month: October 2022	 National Consumer Voice for Quality Long-Term Care Residents' Rights Month (October 1 through 31, 2022) October is Residents' Rights Month, an annual event designated by Consumer Voice to honor residents living in all long-term care facilities and those receiving care in their home or community. It is an opportunity to focus on and celebrate the dignity and rights of every individual receiving long-term services and supports. Being a part of a community is essential to our well-being. Throughout the pandemic, residents of long-term care facilities were disconnected from the resident and staff communities within their facilities when activities and group dining were limited. Residents were disconnected from the broader local community when visitation was restricted, and many residents were unable to leave their facilities to participate in outside activities. This year's Residents' Rights Month theme - Inspiring Unity within Our Community - emphasizes the importance of fostering meaningful community within the facility and encouraging residents' connection to their local community. Promotional Materials Resident's Voice Challenge Activity Suggestions https://theconsumervoice.org/events/2022-residents-rights-month
Previously posted webinars and online sessions	Previously posted webinars and online sessions can be viewed at: https://dignityalliancema.org/webinars-and-online-sessions/
Nursing Homes	3. The Gerontology Institute July 31, 2022 LTSS report helps win more state funding for Pennsylvania's nursing homes On July 2022, Pennsylvania Governor Tom Wolf and the state's legislature reached an agreement to boost staffing levels at nursing home facilities. The state will distribute nearly \$300 million to nursing homes, representing a roughly 20 percent increase in Medicaid rates— the first substantial increase in nearly a decade. The money should increase worker salaries, staffing levels, and retention while stabilizing the facilities' finances and improving the quality of care. A team of UMass Boston gerontologists are celebrating Pennsylvania's decision, which comes a little less than two years since the researchers

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		made the case for the additional funding in their report, " <u>What Is</u>
		Happening to Pennsylvania's Nursing Homes?"
		https://tinyurl.com/FundingForPANursingHomes
	4.	NPR Shots and Kaiser Health News
		July 28, 2022
		Nursing homes are suing friends and family to collect on patients' bills
		Pursuing unpaid bills, nursing homes across this industrial city have been
		routinely suing not only residents but their friends and family, a KHN
		review of court records reveals. The practice has ensnared scores of
		children, grandchildren, neighbors, and others, many with nearly no
		financial ties to residents or legal responsibility for their debts.
		The lawsuits illuminate a dark corner of America's larger medical debt
		crisis, which a KHN-NPR investigation found has touched more than half
		of all U.S. adults in the past five years.
		Litigation is a frequent byproduct. About 1 in 7 adults who have had
		health care debt say they've been threatened with a lawsuit or arrest,
		according to a <u>nationwide KFF poll</u> conducted for this project. Five
		percent say they've been sued.
		The nursing home industry has quietly developed what consumer
		attorneys and patient advocates say is a pernicious strategy of pursuing
		family and friends of patients despite federal law that was enacted to
		protect them from debt collection. "The level of aggression that nursing
		homes are using to collect unpaid debt is severely increasing," said Lisa
		Neeley, a Massachusetts elder law attorney The logal stratogy is often reacted in admissions agreements, the pilos of
		The legal strategy is often rooted in admissions agreements, the piles of
		paperwork that family or friends sometimes sign, not realizing the
		financial risks. "The world of nursing facilities is a black hole for most
		people," said Eric Carlson, a longtime consumer attorney at the nonprofit
		Justice in Aging. "This happens in the shadows."
		In most cases reviewed by KHN, the people sued didn't have an attorney,
		which can be expensive. In nearly a third, the nursing homes won default
		judgments because the defendants never responded, a common
		phenomenon in debt cases. In many cases, lawsuits sought interest rates
		as high as 18% on top of the debt
		Such agreements, which can run multiple pages, have long been
		standard in the long-term care industry. They often designate whoever
		signs as a "responsible party" who will help the nursing home collect
		payments or enroll the resident in Medicaid, the government safety-net
		program.
		https://tinyurl.com/NursingHomesSuingFriends)
Behavioral Health	5.	*Boston Globe
		July 29, 2022
		Demand for mental health care rising in Asian American communities as
		more speak openly of struggles
		Chien-Chi Huang has fought to connect local Asian American
		communities with mental health resources for years. She has organized
		mental health forums, held social hours designed to promote self-care,
		and trained to be a mental health peer advocate.
		But Huang found that COVID-19, with its crushing isolation and the wave
		of anti-Asian violence that followed, has sparked a broader conversation
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		about montal boolth issues, as has a growing number of high groutile
		about mental health issues, as has a growing number of high-profile
		Asian Americans speaking out about their own struggles during the
		pandemic and beyond
		While the stigma surrounding mental health can keep people from
		seeking help, community groups say there is also a shortage of bilingual
		and bicultural mental health professionals who understand the issues
		that first- and second-generation populations face.
		https://tinyurl.com/MentalHealthAsianAmerican
Housing	6.	*Boston Globe
C C		July 29, 2022
		In a market badly out of kilter, many older residents are stuck in their
		homes
		Some say smaller dwellings in the state are too scarce and costly
		They bought their homes when they were young, making money, and
		raising families. Now they're empty nesters, in or nearing retirement,
		and living in houses that are too big for them.
		But many older residents in Massachusetts who'd like to downsize —
		and turn over spacious dwellings to younger buyers desperate for room
		to expand —are finding it difficult, if not impossible. Even though their
		property values have ballooned, smaller homes or condos are scarce and
		carry prohibitive price tags in the state's out-of-kilter real estate market.
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		Politicians and community leaders have long fretted about the soaring
		prices and undersupply of housing. But peel back the economic metrics,
		and you'll find a demographic dynamic at play: Older folks hanging onto
		homes that are larger than they need, and a younger generation of two-
		income couples with children who are primed to move into those homes
		but remain trapped in apartments or condos that are too small.
		Of the state's occupied homes, 54.8 percent are owned by residents ages
		55 and over, according to a US census data analysis by the
		Massachusetts Housing Partnership. That over-55 contingent represents
		just over 22 percent of the state's population. The percentage of older
		homeowners is higher in some suburban towns, such as Lincoln (65.7
		percent) and Scituate (65.8 percent), and in communities on Cape Cod
		such as Falmouth (74.9 percent) and Chatham (81.6 percent).
		Many older and younger residents are looking for homes that would be a
		better fit for their next stage of life. But much of the new construction in
		Massachusetts, which real estate agents say many older buyers prefer
		because it saves them time and money on maintenance, centers around
		pricey retirement communities and luxury condo complexes for young
		professionals drawing whopping salaries
		Multiple factors have aggravated the housing conundrum. The COVID-19
		pandemic, disrupting the supply of building materials, has stalled many
		construction projects. Hiring sprees at high-flying biotechs, such as
		Moderna, have heightened demand for homes. Savvy real estate
		investors specializing in "fixes and flips" often elbow out downsizing
		empty nesters and young families, driving up prices. And many local

	zoning regulations favor single-family homes while restricting
	development of homes on smaller lots, especially in suburban
	communities.
	https://tinyurl.com/MarketBadlyOutOfKilter
7.	Frontline
	July 26, 2022
	How Moratoriums & Rental Assistance Impacted Evictions in the U.S.
	During COVID-19
	Measures including rental assistance and eviction moratoriums helped
	more than a million U.S. households avoid losing their homes during the
	COVID-19 pandemic, according to estimates. But as temporary
	protections expire and funds deplete, evictions are once again
	approaching pre-pandemic levels
	Before the COVID-19 pandemic disrupted lives and economies around
	the world, landlords in the United States filed an estimated 3.6 million
	eviction cases per year, according to Eviction Lab. But with the onset of
	COVID-19 stay-at-home orders and resulting business shutdowns in
	spring and summer 2020, the number of Americans at risk of not being
	able to pay rent <u>skyrocketed</u> .
	In August 2020, researchers from nine organizations including the
	National Low Income Housing Coalition estimated that, without
	assistance, 30 to 40 million Americans would be in danger of eviction by
	the end of that year.
	https://tinyurl.com/RentalAssistanceImpact
8.	Frontline PBS (Video)
0.	July 26, 2022
	Facing Eviction
	Why have American families struggled to keep their homes during the
	COVID pandemic, despite a federal eviction moratorium? <i>Frontline</i>
	investigate in a new documentary with Retro Report.
	Filmed over the course of a year during the COVID-19 pandemic, "Facing
	Eviction" follows people and families across the country who struggled
	to remain housed as COVID upended the economy. The documentary
	examines how federal pandemic housing protections — including a
	temporary ban on evictions and a massive rental assistance program —
	played out in the experiences of people living through this precarious
	time: from tenants and landlords to lawyers, judges and the law
	enforcement officers carrying out evictions.
	Content:
	Prologue – <u>00:00</u>
	Facing Eviction During COVID - <u>01:05</u>
	Local Landlords in the Pandemic - $11:46$
	Finding Housing After Eviction - <u>16:30</u>
	Evictions in States with Eviction Moratoriums - <u>19:56</u>
	Looking for Dontal Assistance During COV/ID 21,27
	Looking for Rental Assistance During COVID - <u>31:27</u> How Federal Rental Assistance Was Distributed - <u>38:26</u>

	Credits - <u>51:58</u>
	https://tinyurl.com/FacingEvictionFrontline
	9. Robert Wood Foundation
	April 1, 2021
	Eviction and Health: A Vicious Cycle Exacerbated by a Pandemic
	The COVID-19 pandemic has put an increasing number of people at risk for eviction, which is associated with many adverse health outcomes and contributes to health inequities. Emergency and long-term interventions are needed to address this public health crisis. What's the issue:
	Eviction, which is relatively common among renters in America, is a severe form of housing insecurity associated with significant health impacts. Recently, the economic consequences of the COVID-19
	pandemic have increased the number of renters at risk for eviction and its related negative health outcomes. Because eviction in general disproportionately affects women, families with children, people with low-income, and people of color, the health consequences of eviction likely widen both racial and socioeconomic disparities in health. Housing displacement poses a particular health risk during a pandemic, as eviction often leads tenants to move in with friends or relatives, which can increase spread of COVID-19 and its related morbidity and mortality. With almost 33 percent of eviction filings against Black renters and over three-quarters of evictions due to nonpayment of rent (2017), lower- income Black and Hispanic communities have long been disproportionately affected by eviction and the adverse health outcomes associated with it. The pandemic has exacerbated these disparities, as Black and Hispanic people have died of COVID-19 at higher rates than their White counterparts; have experienced significantly more rent-
	related financial stress; and continue to face higher eviction rates during
	the pandemic.
	https://tinyurl.com/EvictionAndHealth
Ukrainian War	10. *Washington Post
	July 30, 2022
	A care center for Ukraine's disabled deals with the trauma of occupation
	After nursing home staffers spent weeks caring for patients in hiding and
	cooking by campfire, Ukraine's emergency services finally arrived. On
	March 13, they evacuated nearly all the patients, many of whom had not
	left the facility in decades. They were sent to overwhelmed hospitals in
	other parts of Ukraine or to their families, which were ill-equipped to
	care for them.
	Twenty-six more residents, many of them elderly, died in the chaos of
	the evacuation or in the weeks that followed.
	https://tinyurl.com/UkraineDisabledTrauma
End of Life	11. *New York Times
	July 312, 2022
	In the I.C.U., Dying Sometimes Feels Like a Choice
	During my medical training, death happened in one of two ways. It was
	either a moment of crisis, doctors rushing into a room, all sound and fury
	and chest compressions for minutes that felt like hours. Or it was

	something quieter, entirely divorced from machines, family gathered for the last breaths when the lungs were failing, or the cancer had spread too far.
	But there's a third form that dying takes, when it becomes clear that the life that we can offer is not one that would be acceptable to the patient. It is a death that is made imminent only by the withdrawal of medicines and machines — a death that we plan for. It is a strange thing to plan a death, but I have come to understand that this is part of our work in the I.C.U
	As gently as I can, I tell them that when they are ready — as anyone really can be for any of this — we will stop the medications and the tubes that are prolonging life. I tell them that the bedside nurse will give other meds, often morphine or a similar drug, to make sure that their loved one is not in pain. Sometimes they ask if this medication will hasten death, and I explain that it can, but that our primary goal is always to relieve discomfort.
	We even have a term for this balance, the "principle of double effect" — as doctors, we accept the risk of a negative consequence like hastening death, so long as our intended outcome is to help the patient by
	alleviating symptoms. The pain-relieving meds that we administer do not themselves cause death; instead, they ensure that our patients are as comfortable as they can be while dying from their underlying disease. <u>https://tinyurl.com/DyingFeelsLikeAChoice</u>
	*May require registration before accessing article.
Dignity Alliance Massachusetts	Information about the legislative bills which have been endorsed by Dignity
Legislative Endorsements	Alliance Massachusetts, including the text of the bills, can be viewed at:
	https://tinyurl.com/DignityLegislativeEndorsements
	Questions or comments can be directed to Legislative Work Group Chair Richard (Dick) Moore at rmoore8473@charter.net.
Websites	
Previously recommended websites	The comprehensive list of recommended websites has migrated to the Dignity Alliance MA website: <u>https://dignityalliancema.org/resources/</u> . Only new recommendations will be listed in <i>The Tuesday Digest</i> .
Previously posted funding	For open funding opportunities previously posted in The Tuesday Digest
opportunities	please see https://dignityalliancema.org/funding-opportunities/ .
Nursing Home Closures	Closure Notices and Relocation Plans available at:
	https://tinyurl.com/MANursingHomeClosures
Websites of Dignity Alliance Massachusetts Members	See: https://dignityalliancema.org/about/organizations/
State Budget FY 2023	Commonwealth of Massachusetts
	The Governor signed the budget passed by the Legislature on July 28, 2022. The results of his review including vetoes are available at https://budget.digital.mass.gov/summary/fy23/ Media release: https://www.mass.gov/summary/fy23/
Assisted Living Residences Closures	 Motif by Monarch (previously Landmark at Ocean View), Beverly, July 2022
	Connemara Senior Living, Brockton, Summer 2022
	Landmark at Longwood, Mission Hill, Boston, Summer 2022

Massachusetts Department o						
	Temporary admissions freeze					
	On November 6, the state <u>announced</u> that it would require certain high					
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			a such as staff and			
Stopping admissions enables homes to focus resources such as staff and						
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admissions, and the situation in each facility is different. Some of the						
factors the state uses to make this decision include:						
Number of new COVID-19 cases within the facility						
Staffing levels						
Failure to report a lack of adequate PPE, supplies, or staff						
Infection control survey results						
Surveillance testing non-compliance						
Facilities are required to notify residents' designated family members						
and/or representative when the facility is subject to an admissions						
freeze. In addition, a list of facilities that are currently required to stop						
new admissions and the reason for this admissions freeze will be updated on Friday afternoons, and as needed when the Department of Public of Health determines a facility can be removed from the list						
						Public of Health determines a facility can be removed from the list. Updated on July 21, 2022. Red font – newly added
		ww annen				
		Date of	Qualifying Factor			
Name of Facility	City/Town	Date of Freeze				
Name of Facility Apple Valley Center	City/Town Ayer	Date of Freeze 7/20/22	Infection Control			
Name of Facility Apple Valley Center Beaumont Rehab -Northboro	City/Town Ayer Northborough	Date of Freeze 7/20/22 7/20/22	Infection Control New cases			
Name of FacilityApple Valley CenterBeaumont Rehab -NorthboroDedham Healthcare	City/Town Ayer Northborough Dedham	Date of Freeze 7/20/22 7/20/22 7/6/2022	Infection Control New cases Infection Control			
Name of FacilityApple Valley CenterBeaumont Rehab -NorthboroDedham HealthcareHillcrest Commons	City/Town Ayer Northborough Dedham Pittsfield	Date of Freeze 7/20/22 7/20/22 7/6/2022 7/20/22	Infection Control New cases Infection Control New cases			
Name of FacilityApple Valley CenterBeaumont Rehab -NorthboroDedham HealthcareHillcrest CommonsMedway Country Manor	City/Town Ayer Northborough Dedham Pittsfield Medway	Date of Freeze 7/20/22 7/20/22 7/6/2022 7/20/22 7/20/22 7/20/22	Infection Control New cases Infection Control New cases Infection Control			
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	 <i>Temporary admissions free</i> On November 6, the states risk nursing homes and readmissions to protect the further COVID-19 transmi Stopping admissions enable PPE on the health and safe home to stabilize before to certain criteria will be required to require and the facility Commonwealth will work provide supports as needed there are a number of readmissions, and the situate factors the state uses to in Number of new COVID Staffing levels Failure to report a lack Infection control survet Surveillance testing new freeze. In addition, a list on new admissions and the required to report and the reduction of the survet 	 <i>Temporary admissions freeze</i> On November 6, the state <u>announced</u> that risk nursing homes and rest homes to ten admissions to protect the health and safe further COVID-19 transmission. Stopping admissions enables homes to for PPE on the health and safety of its curren home to stabilize before taking on new recertain criteria will be required to stop an Department of Public Health has determi improved, and the facility is ready to safe Commonwealth will work closely with ho provide supports as needed to ensure rest There are a number of reasons why a faci admissions, and the situation in each faci factors the state uses to make this decision. Number of new COVID-19 cases within Staffing levels Failure to report a lack of adequate P Infection control survey results Surveillance testing non-compliance Facilities are required to notify residents' and/or representative when the facility is freeze. In addition, a list of facilities that a new admissions and the reason for this an updated on Friday afternoons, and as nee Public of Health determines a facility can 	 <i>Temporary admissions freeze</i> On November 6, the state <u>announced</u> that it would rerisk nursing homes and rest homes to temporarily stored admissions to protect the health and safety of resider further COVID-19 transmission. Stopping admissions enables homes to focus resourced PPE on the health and safety of its current residents at home to stabilize before taking on new residents. How certain criteria will be required to stop any new admistioner to stabilize before taking on new residents. How certain criteria will be required to stop any new admistioner to fullic Health has determined that corring roved, and the facility is ready to safely care for n Commonwealth will work closely with homes during the provide supports as needed to ensure resident health. There are a number of reasons why a facility may be admissions, and the situation in each facility is different factors the state uses to make this decision include: Number of new COVID-19 cases within the facility. Staffing levels Failure to report a lack of adequate PPE, supplies, Infection control survey results Surveillance testing non-compliance Facilities are required to notify residents' designated and/or representative when the facility is subject to a freeze. In addition, a list of facilities that are currently new admissions and the reason for this admissions from the state stop is a surveil facility is admission from the state stop is a subject to a freeze. In addition, a list of facilities that are currently new admissions and the reason for this admissions from the state stop is a surveil and the reason for this admissions from the state stop is a subject to a freeze. In addition, a list of facilities that are currently new admissions and the reason for this admissions from the state stop is a subject to a freeze. In addition a list of facilities that are currently new admissions and the reason for this admissions from the state stop is a subject to a freeze. In addition a list of fa			

	iciencies cited during inspections and the scope and severity level of
	se citations. CMS publicly discloses the names of the facilities chosen
	participate in this program and candidate nursing homes.
	be considered for the SFF program, a facility must have a history (at
	st 3 years) of serious quality issues. These nursing facilities generally
	e more deficiencies than the average facility, and more serious
	blems such as harm or injury to residents. Special Focus Facilities
	e more frequent surveys and are subject to progressive enforcement
	il it either graduates from the program or is terminated from
	dicare and/or Medicaid.
	s is important information for consumers – particularly as they sider a nursing home.
	at can advocates do with this information?
•	Include the list of facilities in your area/state when providing
	information to consumers who are looking for a nursing home.
-	Include an explanation of the SFF program and the candidate list.
	Post the list on your program's/organization's website (along with the explanation noted above).
•	Encourage current residents and families to check the list to see if
	their facility is included.
٠	Urge residents and families in a candidate facility to ask the
	administrator what is being done to improve care.
•	Suggest that resident and family councils invite the administrator to
	a council meeting to talk about what the facility is doing to improve
	care, ask for ongoing updates, and share any council concerns.
•	For long-term care ombudsmen representatives: Meet with the
	administrator to discuss what the facility is doing to address
	problems and share any resources that might be helpful.
Ma	ssachusetts facilities listed (updated April 27, 2022)
Nev	wly added to the listing
٠	None
Ma	ssachusetts facilities not improved
٠	Marlborough Hills Rehabilitation and Health Care Center,
	Marlborough
	https://tinyurl.com/MarlboroughHills
	ssachusetts facilities which showed improvement
•	Attleboro Healthcare, Attleboro
	https://tinyurl.com/AttleboroHealthcare
Ma	ssachusetts facilities which have graduated from the program
٠	None
Ma	ssachusetts facilities that are candidates for listing
•	Highview of Northampton (added in June)
	https://highviewnorthampton.com/
٠	Parkway Health and Rehabilitation Center
	https://tinyurl.com/ParkwayHealthCenter
•	Plymouth Rehabilitation and Health Care Center (added in May)
	https://plymouthrehab.com/
•	Revolution Charwell
	https://tinyurl.com/RevolutionCharwell

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	 Savoy Nursing and Rehabilitation Center, New Bedford (added in June) No website Tremont Health Care Center, Wareham (added in May) <u>https://thetremontrehabcare.com/</u> Vantage at South Hadley No website Vero Health and Rehabilitation Center of Amesbury <u>https://tinyurl.com/VeroAmesbury</u> Vero Health and Rehabilitation Center of Revere <u>https://tinyurl.com/VeroRevere</u> Watertown Rehabilitation and Nursing Center, Watertown (added in June) No website
	https://tinyurl.com/SpeciialFocusFacilityProgram ProPublica
Nursing Home Inspect	Nursing Home Inspect Data updated November 2021 This app uses data from the U.S. Centers for Medicare and Medicaid Services. Fines are listed for the past three years if a home has made partial or full payment (fines under appeal are not included). Information on deficiencies comes from a home's last three inspection cycles, or roughly three years in total. The number of COVID-19 cases is since May 8, 2020, when homes were required to begin reporting this information to the federal government (some homes may have included data on earlier cases). Massachusetts listing: https://projects.propublica.org/nursing-homes/state/MA Deficiencies By Severity in Massachusetts (What do the severity ratings mean?) # reported Deficiency Tag 233 B 70 C 6,739 D 1,754 E 452 F 517 G 23 H 59 J 22 K
Nursing Home Compare	Centers for Medicare and Medicaid Services (CMS) Nursing Home Compare Website Beginning January 26, 2022, the Centers for Medicare and Medicaid Services (CMS) is posting new information on the that will help consumers have a better understanding of certain staffing information and concerns at facilities. This information will be posted for each facility and includes:

	 Staff turnover: The percentage of nursing staff as well as the number of administrators who have stopped working at a nursing home over the past 12-month period. Weekend staff: The level of weekend staffing for nurses and registered nurses at a nursing home over a three-month period. Posting of this information was required as part of the Affordable Care Act, which was passed in 2010. In many facilities, staffing is lower on weekends, often meaning residents have to wait longer or may not receive all the care they need. High turnover means that staff are less likely to know the residents, recognize changes in condition, or implement preferred methods of providing care. All of this contributes to the quality-of-care residents receive and their quality of life. https://tinyurl.com/NursingHomeCompareWebsite 				
Long-Term Care Facilities Specific	Massachusetts Department of Public Health				
COVID-19 Data	Long-Term Care Facilitie				
	Coronavirus Disease 201	19 (COVID-19) rep	oorts related to long-term care		
	facilities in Massachusetts.				
	Table of Contents				
	<u>COVID-19 Daily Dashboard</u>				
	<u>COVID-19 Weekly Public Health Report</u>				
	Additional COVID-19 Data				
	 <u>CMS COVID-19 Nursing Home Data</u> The MA Senate released a report in response to COVID-19. Download 				
DignityMA Call to Action	 the <u>DignityMA Resp</u> Advocate for state to Mission and Goals – Support relevant bil <u>Endorsements</u>. Join our <u>Work Grou</u> Learn to use and leventiation of the state of t	bonse to Reimagi bills that advance State Legislative Ils in Washington ps. verage Social Mec	ning the Future of MA. the Dignity Alliance Massachusetts'		
Access to Dignity Alliance social	Email: info@DignityAllianceMA.org				
media	Facebook: https://www.facebook.com/DignityAllianceMA/				
	Instagram: https://www.instagram.com/dignityalliance/				
	LinkedIn: <u>https://www.linkedin.com/company/dignity-alliance-</u> massachusetts				
	Twitter: https://twitter.com/dignity_ma?s=21				
	Website: www.DignityAllianceMA.org				
Participation opportunities with		Workgroup	F		
Dignity Alliance Massachusetts	Workgroup	lead .	Email		
	General Membership	Bill Henning	bhenning@bostoncil.org		
Most workgroups meet bi-weekly		Paul Lanzikos	paul.lanzikos@gmail.com		
via Zoom.	Behavioral Health	Frank Baskin	baskinfrank19@gmail.com		
	Communications	Pricilla	prisoreilly@gmail.com		
Please contact workgroup lead for		O'Reilly	svanschoick@cil.org		
more information		Samantha VanSchoick	Iforrow@bidme.barvard.adu		
		Lachlan	lforrow@bidmc.harvard.edu		
		Forrow			
		FOLLOW			

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	assisted living)				
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	Based Services				
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	Legislative	Richard	rmoore8743@charter.net		
		Moore			
	Legal Issues	Clarence	Clarence@massnaela.com		
		Richardson			
	Veteran Services	James	jimlomastro@comcast.net		
		Lomastro			
The Dignity Digest	For a free weekly subscription to <i>The Dignity Digest:</i>				
	https://dignityalliancema.org/contact/sign-up-for-emails/				
	Editor: Paul Lanzikos				
	Primary contributor: Sandy Novack				
	MailChimp Specialist: Sue Rorke				
Note of thanks	Thanks to the contributors to this issue of The Dignity Digest				
	Margaret Morganroth Gullette				
	Candy Kuebel				
	Dick Moore				
	Special thanks to Paul Spooner with the MetroWest Center for				
	Independent Living for assistance with the website and MailChimp				
versions of <i>The Dignity Digest</i> .					
	If you have submissions for inclusion in <u>The Dignity Digest</u> or have questions				
	or comments, please submit them to paul.lanzikos@gmail.com.				
Dignity Alliance Massachusetts is a bro					
changes in the provision of long-term s					
	ervices, support, and care f	for olaer adults a	na persons with alsobilities.		
Our guiding principle is the assurance o					
Our guiding principle is the assurance o The information presented in "The Dign	f dignity for those receivin	g the services as	well as for those providing them.		

Previous issues of The Tuesday Digest and *The Dignity Digest are available at:* <u>https://dignityalliancema.org/dignity-digest/</u>

For more information about Dignity Alliance Massachusetts, please visit <u>www.DignityAllianceMA.org</u>.